Dialysis Technology - Ist Year

- **Anatomy & Physiology** (normal kidney structure and functions)
- **Derangement of Kidney functions** (aetiology, clinical manifestation, diagnosis of acute and chronic renal failure)
- Dialysis the concept * (Brief history, definition, mechanism)
- Components Basics (Blood circuit: tubing, pump, dialyzer, flow rate, dialysate circuit, concentrates, delivery systems, flow rate)
- **Anticoagulation** (Heparin, alternatives to Heparin, regional no antigoagulation)
- Vascular access * (Temporary, Permanent)
- Dialysis Water and water treatment
- * Dialysis and Dkalyzer (Including reuse)
- Hemodialysis machine

PRACTICAL

A. Demonstration of-

- A Hemodialysis unit
- **Demineralisation plant**
- Machine
- Initiation of Dialysis



- Conduction of Dialysis
- Dialysis closure
- Washing, cleaning reuse
- Maintenance of hygiene in Dialysis unit
- Access core
- Anticoagulation
- B. Actual participation in Dialysis Procedure: including clinical evaluation of patient

Ist YEAR

- A. Anatomy & Physiology
- Head and Neck- Anatomical terms and position, Brain, Facial and Cranial Bones, Orbits, Sinuses, EAM, Pharynx - Naso, Oro and Laryngeal apart of Pharynx. Different types of tissues and their identification, Thyroid and Parathyroid glands.
- Skeleton System Types of Bones and bony joints,
 Joints of Skull, Bones of Upper extremity, Lower
 extremity, Vertebral column, Pelvic girdle, Thoracic
 cage etc.
- Cardiovascular system Circulation: Pulmonary and Systemic, Heart - Anatomy, Pericardium, Aorta, Arteries, Veins Arterial and Venous Circulation.
- 4. Respiratory system: Larynx, Trachea, Lungs.
- Digestive system: Oesophagus, Stomach, Liver,
 Biliary System, Spleen, Pancreas, Small intestine,

Large intestine, Gall bladder, Rectum and Anus.

- Urinary System: Kidneys, Ureters, Bladder, Urethra, Prostrate, Adtrenal glands.
- 7. Reproductive system: Male Seminal Vessicles, Scrotum and Testes, Female - Uterus, Cervix, Vagina, Ovaries, Urethra.
- 8. Musculo-Skeletal System- Muscles structure, their action and functions.
- Lymphatic system Lymph nodes, glands.
- Nervous system Brain, Meninges, Ventricles,
 Spinal cord, Nerves and braches.
- 11. Eye and Ear Structure and functions.
- 12. Endocrinology
 (Thyroid Functions)
 (Pituary Functions)
 Adrenal Gland Functions)
- 13. Kidneys & Genito Urinary System
 - a. Functions of Kidneys
 - b. Nephrons
 - c. GFR
 - d. Mechanism of Urine Formations
 - e. Functions of Testis, Ovary, Seminal Vessels
- 14. Blood
 - Composition and Functions of Blood.
- B. <u>Microbiology and Pathology</u>
 Introduction to microbiology

- Brief historical review of bacteriology and microbiology
- Basic structure and active micro organism.

Cause of Diseases

 Congenital - Traumatic - Metabolic and deficiency - infection (Micro - Organism).

Infection

Soruce of infection, mode of exit and transmission of diseases.

Transfer of infection through various sources
Reaction of body

Control and destruction of micro organism.

Sterilization, disinfection, medical and surgical aspects, cross infection.

Immunization

Types, Immunizing Agents.

Introduction to Pathology

Importance of the study of pathology
Inflammation, healing and repair.

Special pathology fo major organ system

Respiratory tract, CVS, GI system, Gerito urinary system.

Clincial Pathology

Pathology: Definition cell growth

Cell deformaties - cell damage - defence
mechanism - cell repair.

Neoplasia.

Benign & Malignant including its mode of growth

and metastasis.

Blood Diseases: Leukaemias, Anaemias.

Bio Safety and Waste Management

C. BASIC SCIENCE

- Medical Ethics and Relevant Medico Legal Aspects
- 2. Responsibilities & Duties
- 3. Ethics and Behavior
- 4. Biomedical Waste Management
- 5. Cardio Pulmonary resuscitation (CPR)
- 6. Basic Cardiac Life Support (BLS) and Advanced Cardiac Life Support (ALS)
- 7. Critical Care Nephrology
- 8. Management of Renal failure in ICU
- 9. Basic Principles of Blood transfusion and Fluid therapy.
- 10. Sterilization Meterial & Methods.
- Renal Transplantation Principles, Immunology, Complication, Post-Transplant Evaluation & management.

D. APPLIED DIALYSIS TECHNOLOGY

- Indications of Dialysis.
- 2. History and types of Dialysis.
- 3. Theory of Haemodialysis: Diffusion, Osmosis, ultra-filtration.
- 4. Haemodialysis apparatus:- Types of Dialysers

- and membranes.
- 5. Physiology of peritoneal Dialysis.
- 6. Vascular Access for Haemodialysis and Associated complications.
- 7. Dialysis machine Mechanism of Functioning and Management.
- 8. Complications of Haemodialysis.
- Bio-chemical investigations required for Renal dialysis.
- 10. Anti-coagulants and substitutes.
- 11. Peritonitis and exit-site infections.
- 12. Withdrawal of dialysis criteria (Acute / chronic dialysis)

E. ANATOMY - II

- Anatomy of Heart and its chambers, cardiac
 valves etc.
- Major Blood Vessels and their Anatomy.
- 3. Coronary Arterial circulation.
- 4. Feotal circulation.
- Anatomy of Respiratory Tract.
- 6. Various lobes of Lungs.
- 7. Pulmonary circulation.
- 8. Anatomy fo G.I. system (upto Anus).
- 9. Anatomy of Liver, G.B., pancreas, Spleen.
- 10. Gross Anatomy of Brain.
- 11. Peripheral Nerves and Cranial nerves.
- Gross Anatomy of Kidneys, Ureter and urinary bladder.

- 13. Anatomy of Male Genital system.
- 14. Anatomy of Female Genital Tract.
- 15. Muscles of upper and lower limber.
- 16. Major bones of Body.

F. PHYSIOLOGY -II

- Blood circulation through Heart and Lungs.
- 2. Pulse and Blood Pressure.
- 3. E.C.G.
- 4. Conduction system of Heart.
- 5. Mechanism of Respiration.
- 6. Physiology of Gas Exchange.
- 7. Pulmonary Function Tests.
- 8. Mechanism of Digestion and Absorption of various food components.
- 9. Function of Liver, G.B. and pancreas.
- 10. Thyroid Function.
- 11. Adrenal Gland Function.
- 12. Pituatory Function.
- 13. Function of Kidneys, Nephrous.
- 14. Mechanism of urine formation.
- 15. Functioning of Testis, ovary and seminal vesicles.
- 16. Composition and Functions of Blood.

2nd YEAR

Complications of Hemodialysis A.

- Access related complication.
- Dialyzer related complication.
- Dialysate related complication.
- Anticoagulant related complication.
- Machine / Blood Pump associated complication.
- Special type of complication.
- Management of complications.
- Maintenance of hygience in dialysis unit.
- Access core
- Anticoagulation.

B. **Doses of Hemodialysis**

- Duration, index, clearance
- Middle colecules, Ura reduction ration.
- Urea kinetic modeling, Dialysis adequacy.

C. **Continuous Dialysis**

- Continuous arteiovenous hemofiltration.
- Continuous venovenous hemofiltration.
- Continuous hemoduafiltration.
- Continuous slow hemodialysis.
- Component, access, tubing, filter, replacement, fluid, Antigoatulation, flow rate.

D. <u>Peritoneal Dialysis</u>

 History, Petrotioneal physiology, kinetics technique, catheter, dialysate, fuuid, insertion procedur, drinage, complication. Continuous peritoneal dialysis procedure, dose.

PRACTICIAL

- Actual conduction of Hemodialysis
- Actual conduction of Peritoneal Dialysis.
- Clinical assessment of patients.

A. Techniques and Procedure in Dialysis Lab.

- Cardiac Arrhythemias-Drugs used for control.
- Vasodilators
- Contrast media Uses and Side, effects, Reactions
- Emergencies in Dialysis Lab. Failing Heart Assessment of cardiac function, Causes.
- Principles of Dialysis
- Dialysis Procedure
- Dialysis Equipment

General Protocol

Variables and Protocol Optimization

- Dialysis Membranes and MWCO
- Laboratory Dialysis Formats
- Dialysis definition and facts.
- What is dialysis? Requirement of dialysis,
 Types of dialysis How do they work?
- + Advantages and Disadvantages of the

different types of dialysis, life expectancy for someone on dialysis.

B. Complications of Hemodialysis

- Access related complication.
- Dialyzer related complication
- Dialysate related complication.
- Anticoagulant related complication.
- Machine / Blood Pump associated complication.
- Special type of complication.
- Management of complications.
- Maintenance of hygience in Dialysis unit.
- Access core
- Anticoagulation

C. <u>Doses of Hemodialysis</u>

- Duration, index, clearance
- Middle colecules, Ura reduction ration
- Urea kinetic modeling, Dialysis adequacy

D. <u>Continuous Dialysis</u>

- Continuous arteiovenous hemofiltration
- Continuous venovenous hemofiltration
- Continuous hemoduafiltration
- Continuous slow hemodialysis
- Component, acces, tubing, filter, replacement, fluid, Antigoagulation, flow rate.

Peritoneal Dialysis

- History, Petrotioneal physiology, kinetics technique, catheter, dialysate fuuid, insertion procedure, drainage, complication.
- Continuous peritoneal dialysis procedure, dose.

New Dialysis Techniques

Mortality During Extended Follow-up in the G. <u>frequent Hemodialysis network.</u>

H. **Nocturnal Trial**

- Randomized controlled multicenter trial of a heparin-grafted polyacrylonitrile membrane for no-heparin hemodialysis versus standard of care.
- Long-Term effects of Frequent in-center hemodialysis.

Administration and management in dialysis Lab. G.

Introduction

Administration Department- Elements and Principles.

Functions

Planning Layout

Organisation

Supervision

Finance

Budgeting

Co-ordination

Organisation

Layout Plan-Scrubbing and Washing Room, Preparation Room, Changing Room, Septic Room, Procedure Room, Recovery Room.

Staffing Pattern

Duties of Technical, Non Technical Staff, Their Role and responsibilities.

Upkeep and Mantenance

Mentenance of all Major and Minor Equipments

CSSD

Powersupplies

Inventory Control

Handing over and Takig over.
Stock management

Store Keeping

Stock and their proper storage.

- Record Keeping
- Infection Control Measures
- Patient Education, Counselling.
- Duties and responsibilities of Technician.
- H. <u>Electrocardiography</u>
- Introduction to Echocardiography
- Introduction to Cardiac Monitor
- Introduction to Electrocardiography.

History, Physiological basis of ECG,

Conduction velocity and Pathway of activationm, Electrophysiology, Central terminal of wilson, Augmentation of leads, Recording of normal and routine ECG, Recording of Rhytm strip, Esophageal leads, Measurement of blood pressure.

Normal Electrocardiogram:-

Atrial complexes, PR interval, QRS interval, ST segment, T and U waves, QT interval, Electical Axis of heart, Heart position, Interpretation of ECG.

Abnormal Electrocardiogram:-

Abnormal P, QRS, PR, ST, T and U waves, Conduction defects, Hypertrophy patterns, overload concepts, Coronary artery diseases.

Exercise Tests

Various ECG recording units and Models.

I. Applied Science

1. Common diseases affecting Heart

- Atherosclerosis
- Coronary Artery
- Rheumatic Heart Disease
- Hypertension
- Shock
- Pericarditis

2. Common Diseases affecting G.I. Tract

- Jaundice
- Pancreatitics

- Mal-Absorption
- 3. Common Diseases affecting Endocrines.
 - Diabetes Mellitus
 - Hypo and Hyper pituatrism
 - Hypo and Hyper thyrodism
 - Goitre
 - Cushing's Syndrome
 - Addison disease

4. Diseases of Nervous System

- Epilepsy
- Syncope
- Parkinson's Disease
- Meningitis and a long works
- Peripheral Neuropathy.

5. <u>Renal Disease</u>

- Urimeia: CRF, ARF
- Glomerulonephritics
- Renal Calculus Disease

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HDN

6. Respiratory Disease

- T.B.
- Asthma
- **Pneumonia**
- COPD
- Pleural Effusion.

Bio-Chemistry

Concept of Solutions:

mediane to an extension

Molar, Normal and Percent, Aeibles, Basis, Salts, Buffers

Colorimeter:

Spectrophotometry, Chromatography.

Carbohydrates:

Introduction, Classification and Function.

• Proteines:

Classification and function, essential and non-essential Amino-accides structure of protein.

Lipids:

Definition, classification and function, role of lipides, fatty-acide, tri-glycerides, phaspho-lipids, cholesterol and lipoproteines.

Nucleic -Acides:

Introduction, pyrimide basis, types of nucleorides and nucleotides

- * Structure of DNA & RNA
- Introduction of Laboratory Apparatus:

Different types of pipettes

Beakers, petri-dishes, Burretes, measuring
cylinders.

K. Pharmacology Related to Haemodialysis

- I/V Fluid Therapy with special emphasis in Renal Disease.
- Di-uretics: classification, side-effects and contra- indications Action, Dosage.

- Anti-Hypertensives: Classification, Action Dosage, side-effects and contra-indications units special reference on dialysis.
- 4. Dose and Duration of Drugs; Pheonobarbitone, Lithium etc.
- Role of Dis-infectants Like Formaline, Sodium-Hypochloride, Hydrogen-peroxide etc. and adverse-effects of residual particles.

L. Applied Dialysis Technology:

- 1. <u>Dialysis in Special situations:-</u>
 - Patients with congestive Heart failure
 - Patients pastitive for HIV, HbsAg and HCV.
 - Failed Transplant
 - Poisoning Cases
 - Pregnancy.
- 2. Special Dialysis procedures:-
 - CAPD
 - haemodial-filtration
 - SLED
 - Plasmo-phoresis.
- 3. Special Prostems in Dialysis patients:
 - Psychology and Rehabilitation
 - Diabetes
 - Hypertension
 - Infections.
- 4. <u>Water Treatment System</u>
- 5. Renal Anemia Management.