

**GOVERNMENT MEDICAL COLLEGE SRINAGAR (J&K)**  
**MBBS 1<sup>ST</sup> PHASE TIMETABLE (CBME): BATCH 2024**  
**(COLOUR CODED)**

PHASE-I Subject-wise teaching hours with color code				
SUBJECT	Large group teaching	SGT/Practicals/Tutorials/ Seminars	SDL	Total
<b><u>FOUNDATION COURSE</u></b>				<b><u>80</u></b>
<b><u>ANATOMY</u></b>	<b><u>180</u></b>	<b><u>430</u></b>	<b><u>10</u></b>	<b><u>620</u></b>
<b><u>PHYSIOLOGY</u></b>	<b><u>130</u></b>	<b><u>305</u></b>	<b><u>10</u></b>	<b><u>445</u></b>
<b><u>BIOCHEMISTRY</u></b>	<b><u>82</u></b>	<b><u>157</u></b>	<b><u>10</u></b>	<b><u>249</u></b>
<b><u>EARLY CLINICAL EXPOSURE</u></b>		<b><u>27</u></b>		<b><u>27</u></b>
<b><u>COMMUNITY MEDICINE</u></b>	<b><u>20</u></b>	<b><u>20</u></b>		<b><u>40</u></b>
<b><u>FAMILY ADOPTION PROGRAM</u></b>		<b><u>24</u></b>		<b><u>24</u></b>
<b><u>AETCOM</u></b>	-	<b><u>26</u></b>		<b><u>26</u></b>
<b><u>SPORTS &amp; EXTRA CURRICULAR ACTIVITIES</u></b>				<b><u>10</u></b>
<b><u>TOTAL</u></b>	<b><u>412</u></b>	<b><u>989</u></b>	<b><u>30</u></b>	<b><u>1521</u></b>

**TOPICS for integrated learning:**

Anemia, Jaundice, Diabetes, Thyroid,IHD,Hypertension,TB

Foundation course: Week- 1

Foundation course: Week- 2

Week- 3

Week- 4

Week- 5

Week- 6

Week- 7

Week- 8

Week- 9

Week- 10  
1<sup>st</sup> Terminal Exam

Week- 11

Week- 12

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
MONDAY	30/12/24								
TUESDAY	31/12/24								
WEDNESDAY	01/01/25								
THURSDAY	02/01/25								
FRIDAY	03/01/25								
SATURDAY	04/01/25								
SUNDAY	05/01/25								

**WINTER VACATIONS**

Week- 13

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm	4-5 pm	5-6 pm
MONDAY	06/01/25								
TUESDAY	07/01/25								
WEDNESDAY	08/01/25								
THURSDAY	09/01/25								
FRIDAY	10/01/25								
SATURDAY	11/01/25								
SUNDAY	12/01/25								

**WINTER VACATIONS**

Week- 14

Week- 15

Week- 16

Week- 17

Week- 18

Week- 19

Week- 20

Week- 21

Week- 22

Week- 23

Week- 24

Week- 25

Week- 26

Week- 27

## Week- 28 (2<sup>nd</sup> TERMINAL EXAM)

Week- 29

Week- 30

Week- 31

Week- 32

Week- 33

Week- 34

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
MONDAY	02/06/25	ECE PHYSIOLOGY Autonomic disorders		AN 61.1-61.3 Mid Brain 1 LGT			Batch C PY 5.16 CVS exam. Batch- A (Tutorial) [P-DOAP]	BC 14.18 Estimation of TSH by ELISA [B-DOAP]	BC 11.12 Prenatal screening and its importance SGT	PY8.6 Tutorial [P-SGT]
TUESDAY	03/06/25									
WEDNESDAY	04/06/25	AN 26.1 Osteology Head and neck SGT	AN 61.1-61.3 Mid Brain 2 SGT	(AITo – Diabetes)PY 8.6-III effect of altered (hypo and hyper) secretion of pancreatic gland [LGT] (HI-AN,BC, VI- PA,PH,CM,IM)	AN 64.2 Embryology- Development of Midbrain SGT		Batch C PY 5.16 CVS exam. Batch- A (Tutorial) [P-DOAP]	BC 14.18 Estimation of TSH by ELISA [B-DOAP]	CM 17.3 Concepts of Primary health care [CM-SGT]	PY10.8 Tutorial [P-SGT]
THURSDAY	05/06/25	FAMILY VISIT 8 FAMILY ADOPTION PROGRAM					AN 57.1-57.5,64.1 Dissection -Spinal Cord and Brainstem Histology Batch A	AN 20.3 Tutorial SGT	Brainstem- II SDL	
FRIDAY	06/06/25	AN 60.1-60.3 Cerebellum-I LGT	BC 10.5 Gene Mutations and associated disorders[B- SGT]	(AITo- Diabetes) PY 8.6-IV effect of altered (hypo and hyper) secretion of pancreas [LGT] (HI-AN,BC, VI- PA,PH,CM,IM)	AN 64.1 Cerebellum & Cerebrum / Histology SGT		AN 57.1-57.5,64.1 Dissection -Spinal Cord and Brainstem Histology Batch B	AN 20.3 Tutorial SGT	AN 20.3 Tutorial SGT	
SATURDAY	07/06/25									
SUNDAY	08/06/25									

Week- 35

Week- 36

Week- 37

Week- 38

Week- 39

Week- 40

Week- 41

Week- 42

Week- 43

DAY	DATE	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-4 pm		4-5 pm	5-6 pm
MONDAY	04/08/25	AN 26.1 Osteology revision Base of Skull SGT	AN 52.2 Histology of Female Reproductive system- Ovary, fallopian tube, uterus LGT	PY12.7 concept, criteria for diagnosis of Brain death and its Implications LGT]	<b>BC 10 TUTORIAL [B-SGT]</b>		Batch A PY 10.20 CN 11,12 Batch- B (Tutorial) [P-DOAP]	PRACTICAL REVISION [B-DOAP]	<b>BC 11 TUTORIAL [B-SGT]</b>	PY 11.5 Tutorial [P-SGT]
TUESDAY	05/08/25	PY11.6 Tutorial [P-SGT]	AN 52.8 Development and descent of testis LGT	AN 63.1, 63.2 Ventricles of brain (R) SGT	PY12.10 Demonstrate Basic Life Support in a simulated environment [DOAP]		Batch B PY 10.20 CN 11,12 Batch- C (Tutorial) [P-DOAP]	PRACTICAL REVISION [B-DOAP]	PY 12.6 Tutorial [P-SGT]	
WEDNESDAY	06/08/25	AN 43.5,43.6 Surface anatomy – head & neck SGT	PY12.8-I physiology of yoga and meditation [SGT]	PY12.8-II physiology of yoga and meditation [SGT]	<b>Discussion Seminar/presentatio [B-LGT]</b>		Batch C PY 10.20 CN 11,12 Batch- A (Tutorial) [P-DOAP]	PRACTICAL REVISION [B-DOAP]	<b>BC 11 TUTORIAL[B- SGT]</b>	
THURSDAY	07/08/25	AN 26.1 Osteology Head and Neck SGT	PY12.5-I physiology of Infancy, [LGT]	PY12.5-II growth charts , [LGT]	AN 35.7 Cranial nerves 9, 10, 11 LGT		AN 34.1,34.2 Dissection- Sagittal section Head & Neck. Histology Batch A	CM 4.3 Concepts of effective health promotion [CM-SGT]	AN 35.1 Tutorial SGT	
FRIDAY	08/08/25	PY12.5 Tutorial [P-SGT]	<b>BC 12 Tutorial [B-SGT]</b>	AN 31.5 Oculomotor, trochlear, abducent nerves LGT	PY12.5 -III Anthrop. assessment of infants [LGT]		AN 34.1,34.2 Dissection- Sagittal section Head & Neck. Histology Batch B	AN 35.1 Tutorial SGT	AN 35.1 Tutorial SGT	
SATURDAY	09/08/25	Prepatory holiday								
SUNDAY	10/08/25	Prepatory holiday								

## Week- 44

**(PRELIMINARY/SENDUP EXAMINATION)**

Week- 45

**(SENDUP EXAMINATION)**

Week- 46

Week- 47 ONWARDS

1/09/2025 to 30/09/25	FINAL UNIVERSITY EXAM AND RESULT
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